

# Highlights from IMW 2021

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Bologna  
Royal Hotel Carlton

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**Terapia di prima linea nel  
paziente non candidato a  
trapianto: unfit e frail**

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# Disclosures for Alessandra Larocca, MD

Research Support/P.I.	No relevant conflicts of interest to declare
Employee	No relevant conflicts of interest to declare
Consultant	No relevant conflicts of interest to declare
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**Presentation includes discussion of the off-label use of a drug or drugs**

# All elderly are not equal

Heterogeneous population  
Variety of disease- and host-related factors

**Fit patients  
ASCT Eligible**



**Fit patients  
No ASCT Eligible**



**Unfit/Intermediate**



**Frail**



*Based on  
Age  
Performance status (PS)  
Comorbidities  
(R-MCI score, HCT-CI) and  
organ function*

*Active, independent,  
who exercise regularly*

*Can perform limited  
activities but they don't  
need any help*

*Help for household tasks  
Dependent on other  
people  
Partial help for their  
personal care*

# Prognostic Factors

## Disease-related Factors

- R-ISS
- Chromosomal abnormalities
- Circulating Plasma Cells
- Plasma cell Leukemia
- Extramedullary disease
- Early relapse
- Response and MRD

## Patient-related Factors

- Frailty
- Age
- Renal Failure
- Co-morbidities
- Organ Function

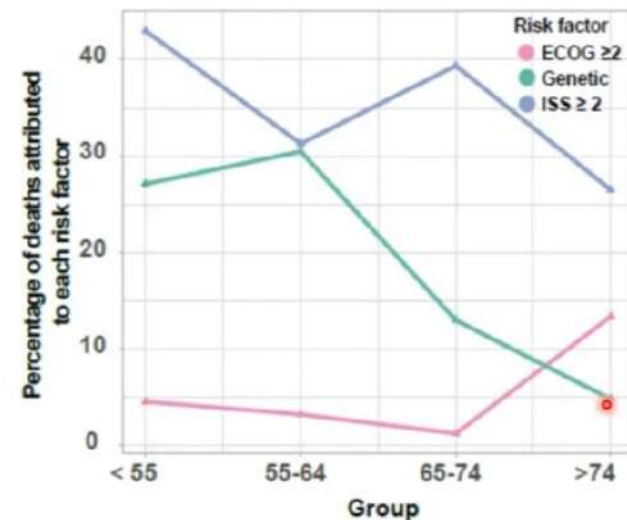


# Differences in the genetic make-up of MM by age

## Contribution of genetics to outcome

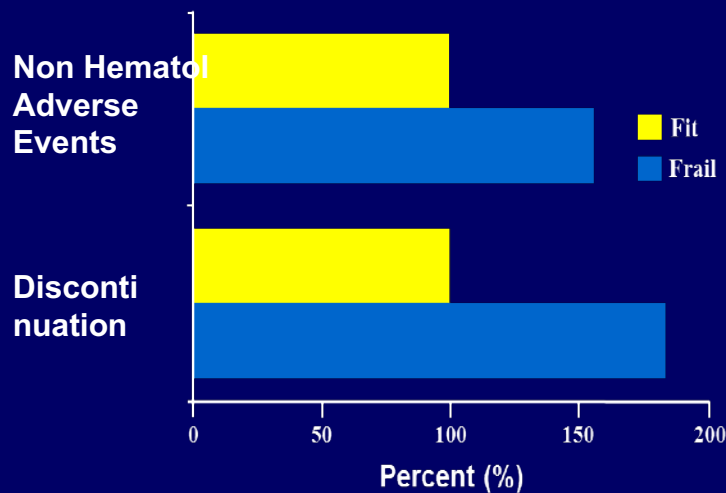
Event	<66 (%)	66-77 (%)	>75 (%)	p-value
del(13)	45	43.6	37	.004
t(4;14)	14.3	10.9	8.3	.001
del(17p)	6	5.9	6.1	NS

- The percentage of deaths attributed to genetics [del(1p), gain(1q), del(17p) and t(4;14)] goes down with age in favor of factors such as Performance Status and ISS
- Suggesting the contribution of conventional genetic studies to outcome in elderly patients is less important in favor of clinical features

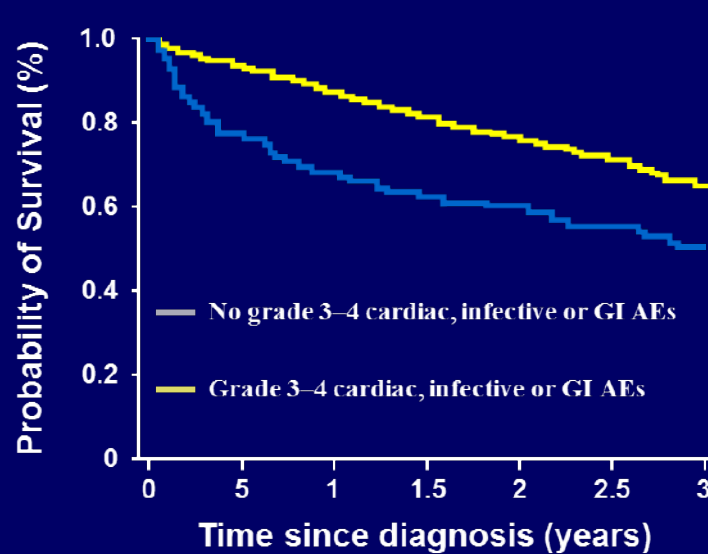


# Adverse events and toxicity

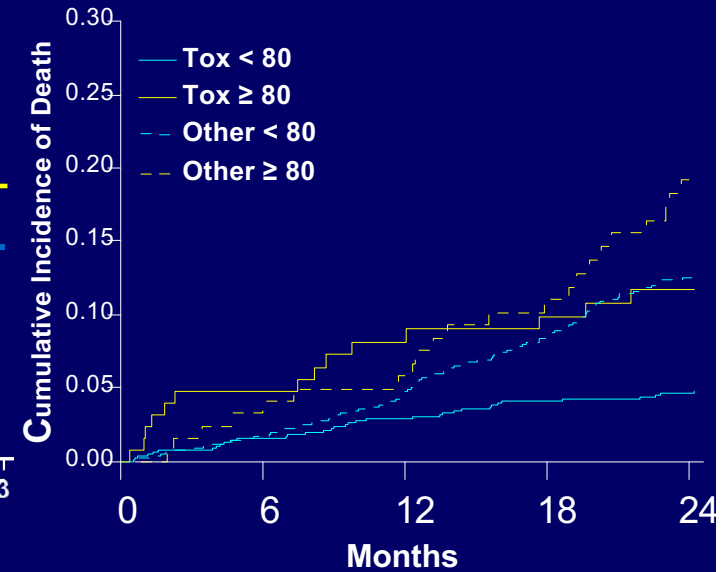
## Grade 3-5 Adverse Events and Discontinuation



## Overall Survival



## Toxic deaths



*Survival inferior due to toxic deaths*

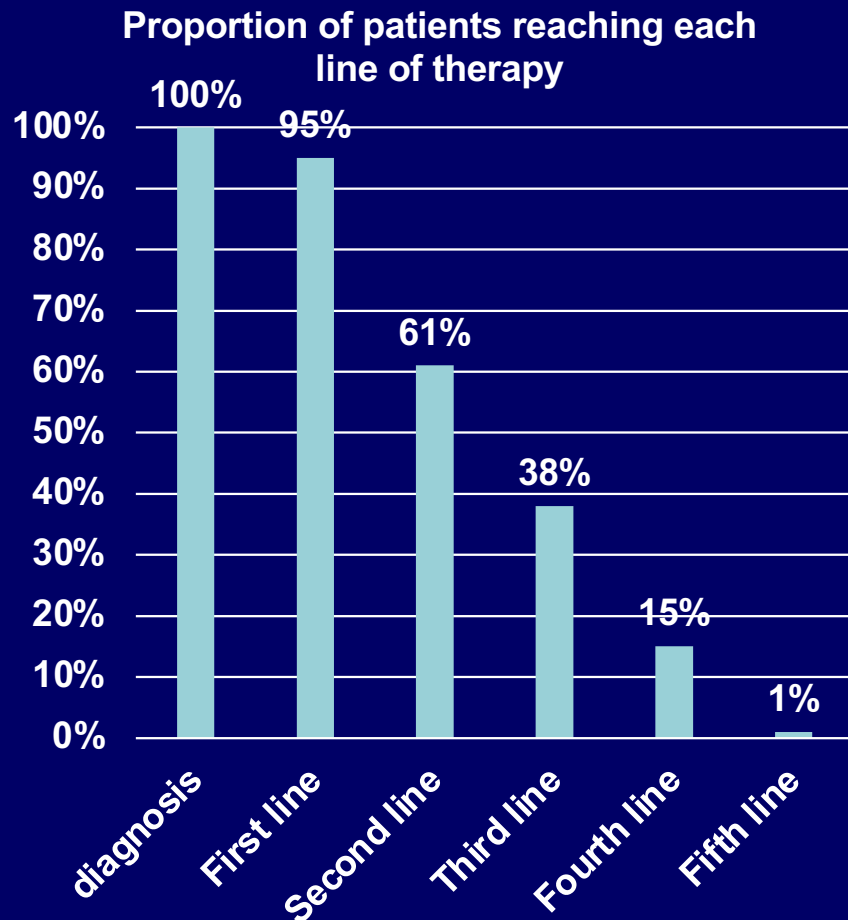
***Death due to toxicity 4-fold higher and death due to other causes 2-fold higher in >80 versus <80 years***

\*At least one adverse event; †Due to AEs, withdrawal of consent, patient compliance, unknown; progressive disease was excluded  
AE, adverse event; GI, gastrointestinal

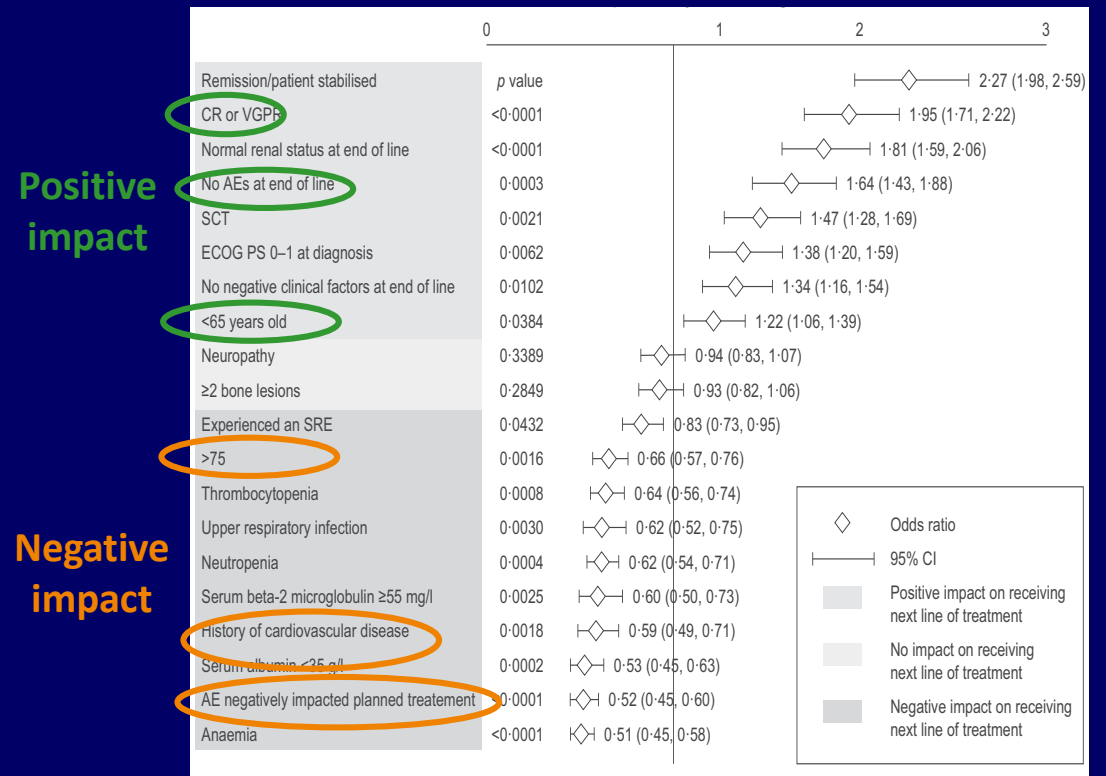
Bringhen S, et al. Haematologica. 2013;98:980-987;  
Larocca A, et al. Blood 2013;122: abstract 687  
Bringhen S et al. Crit Rev Oncol Hematol 2018;130:27-35

# FIRST LINE TREATMENT IN ELDERLY MYELOMA PATIENTS

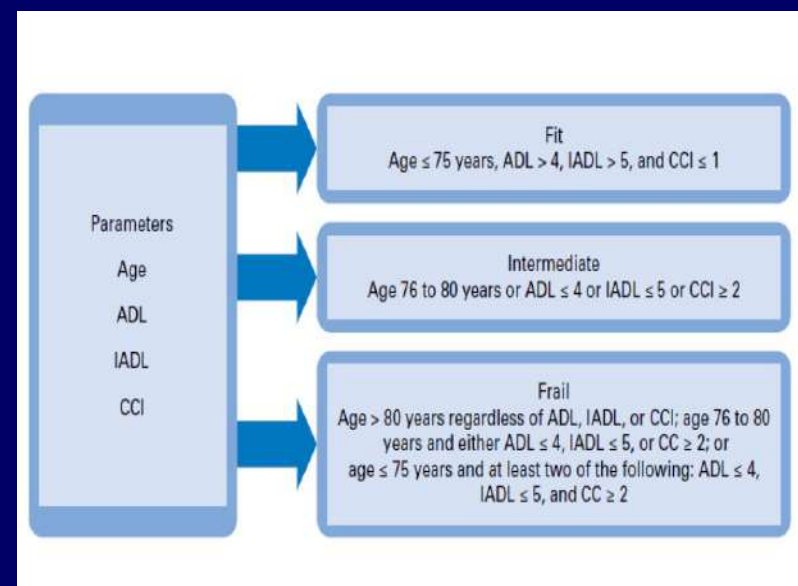
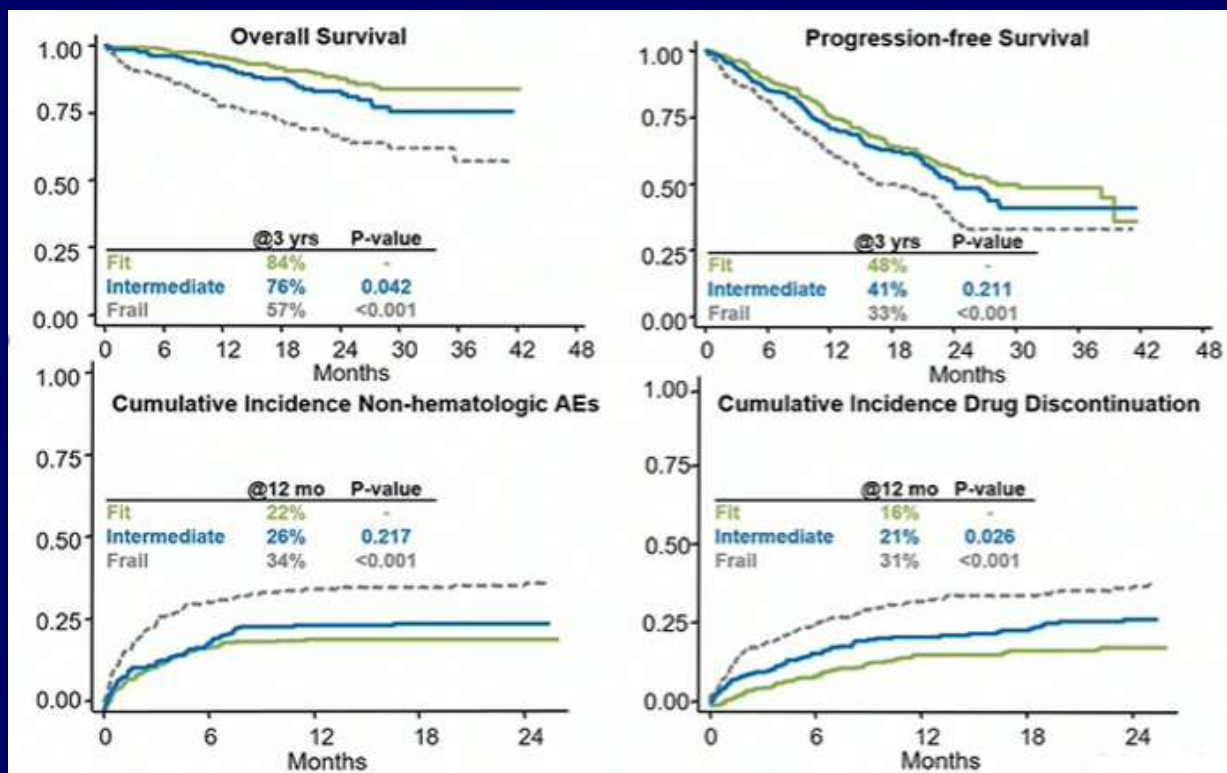
## PROBABILITY OF RECEIVING A FURTHER LINE OF THERAPY



### Relative probability of receiving a further line of therapy



# IMWG Frailty Score





# Assessment of frailty in Myeloma

## ➤ IMWG FRAILITY SCORE

- Age
- Comorbidities:
  - Charlson Comorbidity Index (CCI)
- Patient-reported functional status
  - Katz Index of Independence in Activities of Daily Living (ADL)
  - Lawton Instrumental Activities of Daily Living (IADL)

### Categories:

Fit = score 0    Intermediate fit = score 1    Frail = score ≥2

## INCLUDING PROGNOSTIC FEATURES

### ➤ R-MCI SCORE

- Age
- Comorbidities
  - Renal function
  - Pulmonary function
- Frailty evaluation
- Karnofsky performance status
- Cytogenetics

Fit	Intermediate fit	Frail
score ≤3	score 4-6	score >6

### ➤ MRP score

- Age
- WHO performance status
- ISS stage
- Circulating CRP levels

Low risk	Medium risk	High risk
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## INCLUDING OBJECTIVE PARAMETERS

### ➤ MAYO CLINIC SCORE

- Age
- ECOG performance status
- Circulating NTproBNP levels

Stage I	Stage II	Stage III	Stage IV
score 0	score 1	score 2	score 3

### ➤ EVALUATION OF SARCOPENIA

- Muscle mass: CT 3<sup>rd</sup> lumbar vertebra area
- Muscle function: grip strength
- Physical performance: gait speed, etc..

### ➤ SENESCENCE BIOMARKERS

## SIMPLIFIED ASSESSMENTS

### ➤ SIMPLIFIED FRAILITY SCORE

- Age
- Comorbidities
  - CCI
- ECOG Performance Status

Non-frail	Frail
score 0-1	score ≥2

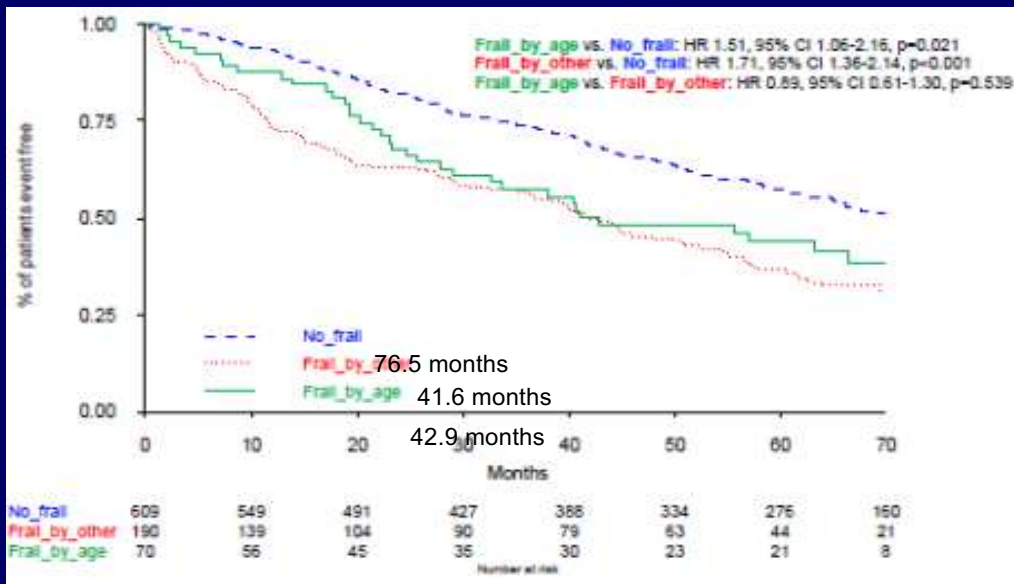
### ➤ QUALITY-OF-LIFE QUESTIONNAIRES

- Patient-reported functional status
  - EORTC QoL questionnaire C30

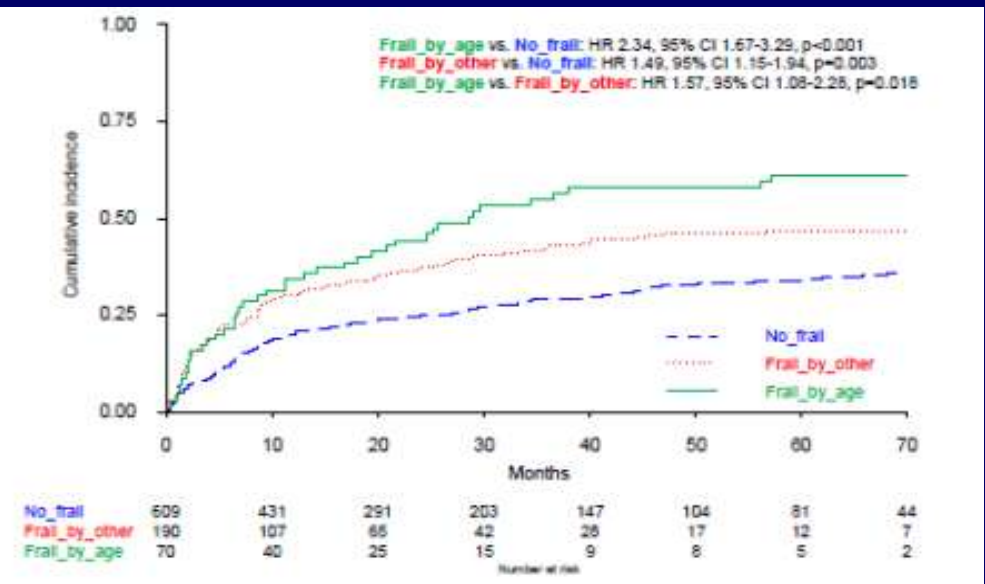
# Role of chronological age > 80 ys in the IMWG Frailty Score

Frail by age only (>80 years, CCI≤1, ADL>4, IADL>5) vs. Frail\_by\_other

## Overall Survival



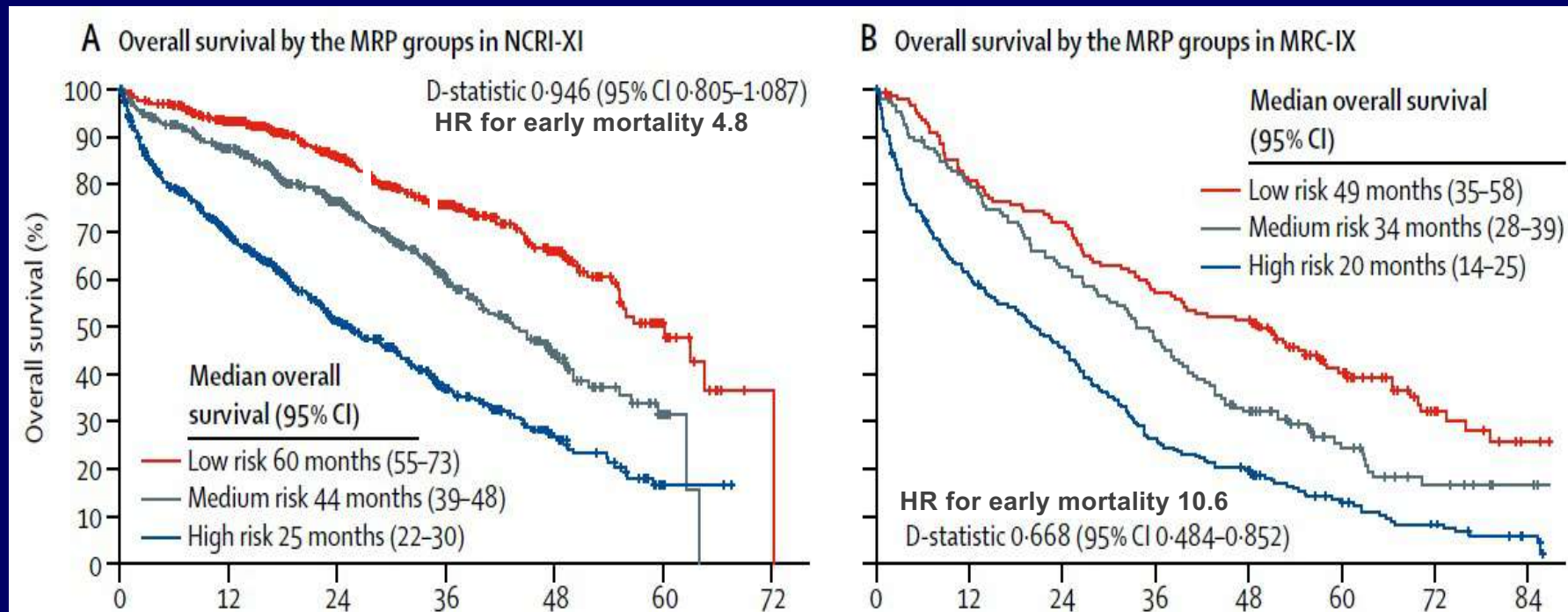
## Drug Discontinuation



**Frail by age >80 years = Frail for any other reason**

# Myeloma risk profile (MRP) is associated with outcome

**Improvement by adding disease characteristics: WHO, age, ISS and CRP**  
Only data available in all baseline assessments, no questionnaires/scores

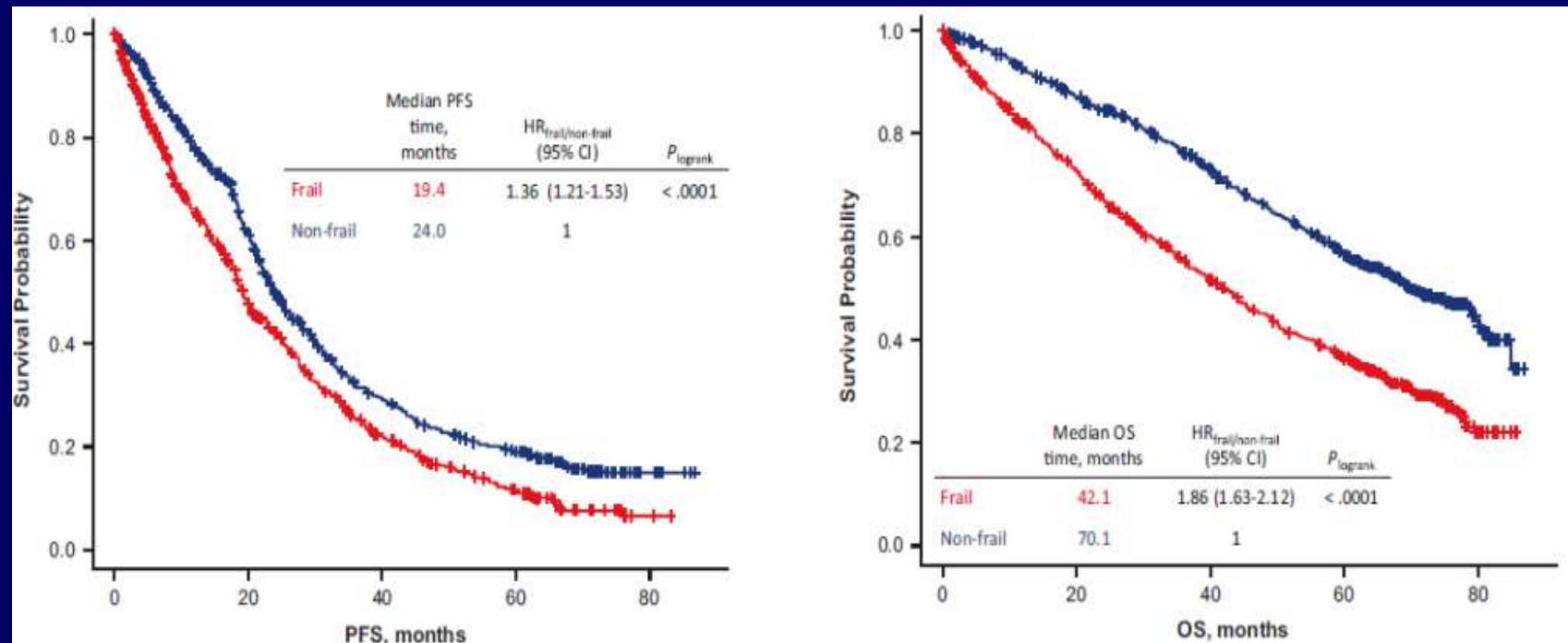


MRP, UK Myeloma Research Alliance Risk Profile; WHO, WHO performance status; ISS, International Staging System; CRP, C-reactive protein; CI, confidence interval; HR, hazard ratio; p, p-value; HR, high risk.

Cook G, et al. Lancet Haematology 2019;6(3):e154-e166  
Validated: Redder et al. BJH 2020

# Simplified frailty scale predicts outcomes in NDMM patients treated in the FIRST (MM-020) trial

Simplified Frailty scale assessed with age, Charlson Comorbidity Index (CCI), and ECOG PS  
Retrospective analysis (n = 1618) : frail (49%) and non-frail (51%) patients



## A single centre retrospective analysis on the ability to identify transplant-ineligible patients with MM who are not likely to benefit from new standard therapies

- Retrospectively simplified frailty scores, proposed by Facon et al (Leukemia 2000) based on age, ECOG PS and CCI
- 189 patients, 23% older than 80 years
- 70% were classified as frail and 30% non-frail
- CCI>1, PS  $\geq$ 2 and albumin level  $\leq$  3g/dL whereas age was not found a factor affecting early mortality. Using albumin level  $\leq$ 3 g/dL instead of age > 80, present in the Facon scale, the new score was able to stratify patients in frail (score 3-5, n= 55, 29.5%) and non-frail (score 0-2, n=155, 70.5%).
- **Conclusion:** Facon score could be improved using simple parameter as albumin level, to increase the ability to detect patients with the highest risk of early mortality



## **COMPASS: a prospective study comparing clinical (CA) vs geriatric assessment (GA) in NDMM patients**

- 200 NDMM patients  $\geq 70$  years, 74% of patients were  $\geq 75$  years
- CA performed by the treating physician; GA (G8) independently by a trained health care worker.
- 43% of patients were frail by CA; 69% had a geriatric risk profile by G8.
- Patients fit by CA but frail by G8 (fit-frail) were older ( $p=0,002$ ), had reduced nutritional status ( $p<0,001$ ), more recent weight loss ( $p<0,001$ ), more polypharmacy ( $p<0,001$ ), compared to fit by CA and G8 (fit-fit).
- CA fit but G8 frail patients were more independent on ADL, iADL, and had less cognitive impairment compared with frail patients by both CA and G8.
- Fit by CA but frail by G8 score were categorized into intermediate fit (31%) and frail (57%) by IMWG frailty score.
- After 3 months of treatment, the majority of patients remained in the same category (fit or frail) by CA and by G8 (respectively 82% and 80%), reinforcing that frailty status at diagnosis is not driven by myeloma-related symptoms.

**CA underestimates the geriatric risk profile in 25% of NDMM elderly patients**

# Experimental trial *versus* real-life population

Are patients in clinical trial really frail?

	SWOG S0777	ALCYONE	MAIA
Median age (years)	63	71	73
≥ 75 years	65 43%	30%	44%
>80 years	Not reported	Not reported	Not reported
ECOG PS			
0-1	86%	75%	83%
2	14% 2-3	25%	17%
> 2	Excluded >3	Excluded	Excluded
Creatinine clearance			
30-60 ml/min	5% creatinine > 2mg/dL	41%	41%
< 30 ml/min	excluded	excluded (< 40 ml/min)	excluded
Exclusion criteria	Previous malignancy NYHA III/IV Recent myocardial infarction	AST/ALT > 2.5 ULN Malignancy < 3 years Myocardial infarction < 1 year	AST/ALT > 2.5 ULN Malignancy < 5 years Myocardial infarction < 1 year

# Experimental trial *versus* real-life population

## *Clinical trial* Efficacy

Limited number of patients

Selected patients

Restrictive inclusion criteria

Limited comorbidities

Intensive monitoring of patients

Enrolled in clinical trial units

Lack of frailty-tailored endpoint (i.e. quality of life)

## *Real life* Effectiveness

All patients

Not selected patients

Logistics (lack of care-giver, distance from site)

Several/Some comorbidities

Not always appropriate compliance

Community-based setting

Tailored treatment at physician judgment

# **Management of frail and intermediate (unfit) MM patients**

# Phase III trials in NDMM not eligible for ASCT

VMP
<b>VMP vs MP:</b>
PFS: <b>24</b> vs 16m (▲8m)
OS: <b>56</b> vs 43m. (▲13 m)

Rd
<b>Rd vs Rd18 vs MPT</b>
PFS: <b>26</b> vs 21m. (▲5m)
OS: <b>59</b> vs 49m (▲10 m)



	SWOG (N = 484) VRd vs Rd <sup>1</sup>	TOURMALINE (N = 705) IRd vs Rd <sup>3</sup>	ENDURANCE (N = 1087) KRd vs VRd <sup>2</sup>	ALCYONE (N = 706) DVMP vs VMP <sup>4</sup>	MAIA (N = 737) DRd vs Rd <sup>5</sup>
<b>PFS (mos)</b> (▲mos)	<b>34 vs 24</b> ▲ 10	<b>35 vs 22</b> ▲ 13.5	<b>34 vs 34</b> =	<b>36 vs 19</b> ▲ 17	<b>60+ vs 34</b> ▲ 26+
<b>OS</b>	65 mos	NA	84%@3y	78% vs 68%@3y	66% vs 53%@ 5y

1. Durie B et al. Lancet 2017;389:519; 2. Kumar S et al. ASCO 2020; abstract LBA3;  
 3. Facon T et al. Blood 2021;. 4. Mateos. Lancet 2019; 395:132-41  
 5. Facon T. N Eng J Med 2019;380:2104 and Lancet Oncol 2021 in press.

ASCT, autologous stem cell transplant; d, dexamethasone; D, daratumumab; K, carfilzomib;  
 M, melphalan; NA, not assessed; P, prednisone; R, lenalidomide; V, bortezomib

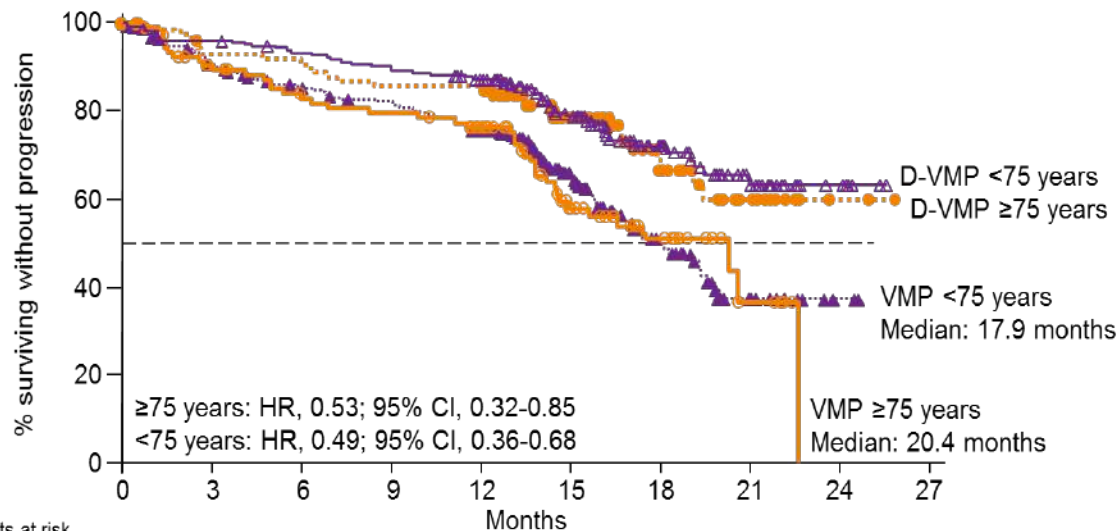


# Daratumumab in first line

## Impact of age on outcomes

**ALCYONE study: D-VMP > VMP**  
 Median age 71 years (range 40-93)  
 ≥75 years 29.7%

**MAIA study: D-Rd > Rd**  
 Median age 73 years (range 45-90)  
 ≥75 years 43.5%



Patients at risk	0	3	6	9	12	15	18	21	24	27
VMP ≥75 years	107	87	78	73	66	35	18	4	0	0
VMP <75 years	249	216	198	188	165	92	43	14	2	0
D-VMP ≥75 years	104	90	89	83	83	56	31	12	2	0
D-VMP <75 years	246	232	223	215	202	123	62	23	8	0

	Rd		D-Rd		HR (95% CI)
	n/N	Median	n/N	Median	
Sex					
Male	90/195	32.3	67/189	NE	0.61 (0.44-0.83)
Female	81/174	34.4	53/179	NE	0.50 (0.35-0.70)
Age					
<75 years	91/208	35.4	58/208	NE	0.49 (0.35-0.69)
≥75 years	80/161	31.9	62/160	NE	0.62 (0.44-0.87)
Race					
White	152/339	34.4	108/336	NE	0.56 (0.44-0.71)
Other	19/30	30.4	12/32	NE	0.54 (0.26-1.11)
Region					
North America	51/102	30.4	36/101	NE	0.53 (0.35-0.82)
Other	120/267	35.1	84/267	NE	0.56 (0.42-0.74)
Baseline renal function (CrCl)					
>60 mL/min	98/227	37.1	62/206	NE	0.54 (0.40-0.75)
≤60 mL/min	73/142	29.7	58/162	NE	0.55 (0.39-0.77)
Baseline hepatic function					
Normal	158/340	33.7	105/335	NE	0.52 (0.40-0.66)
Impaired	13/29	34.5	15/31	29.2	0.97 (0.46-2.05)
ISS staging					
I	29/103	NE	21/98	NE	0.61 (0.35-1.08)
II	82/156	29.7	55/163	NE	0.48 (0.34-0.67)
III	60/110	24.2	44/107	NE	0.61 (0.41-0.89)

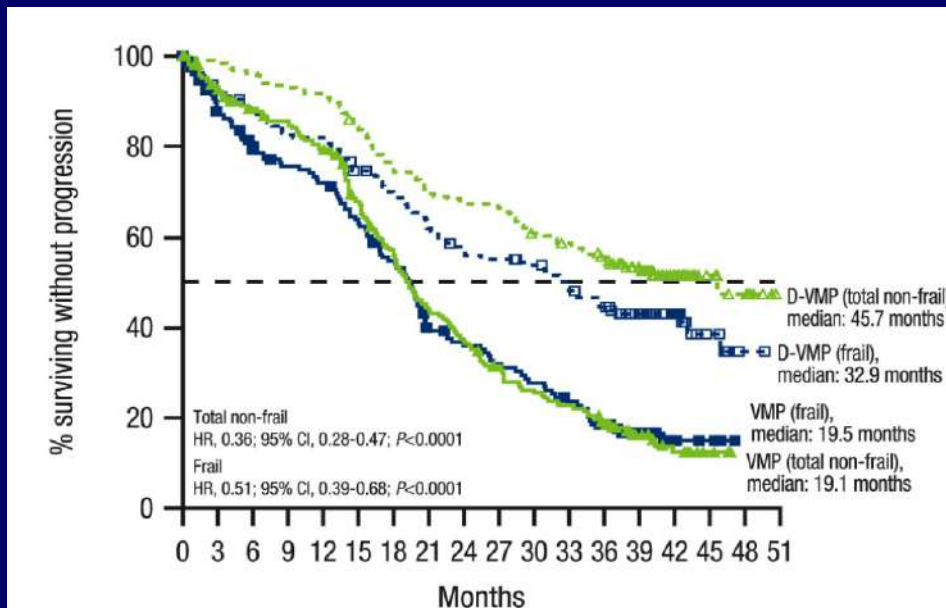
**In both studies, no impact of age was observed**

# Daratumumab in first line

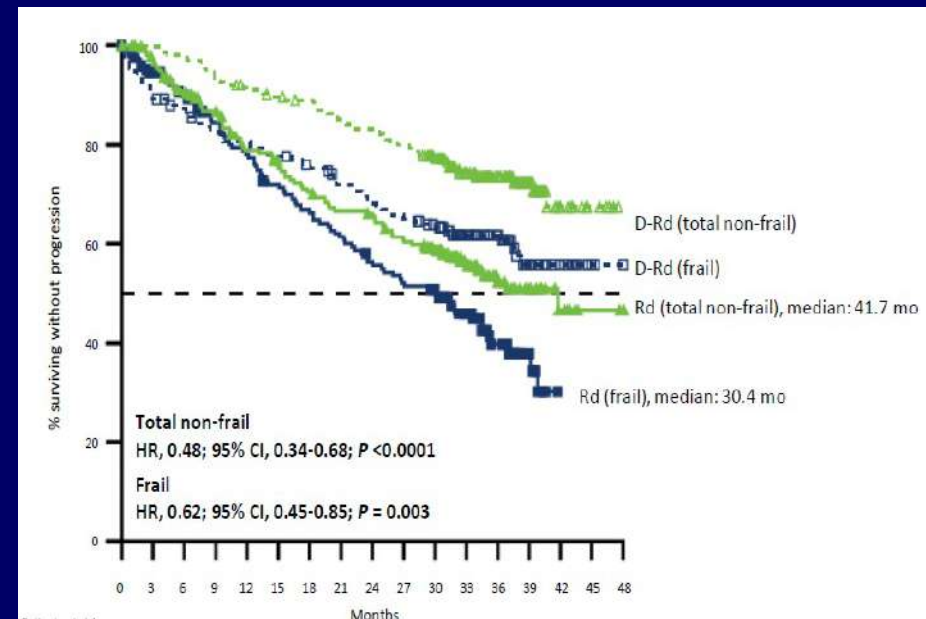
## Impact of frailty on outcomes

PFS in the total non-frail and frail subgroups

### ALCYONE



### MAIA



**Non-frail patients had longer PFS than frail patients, but the PFS benefit of the addition of Dara was maintained across frailty subgroups**

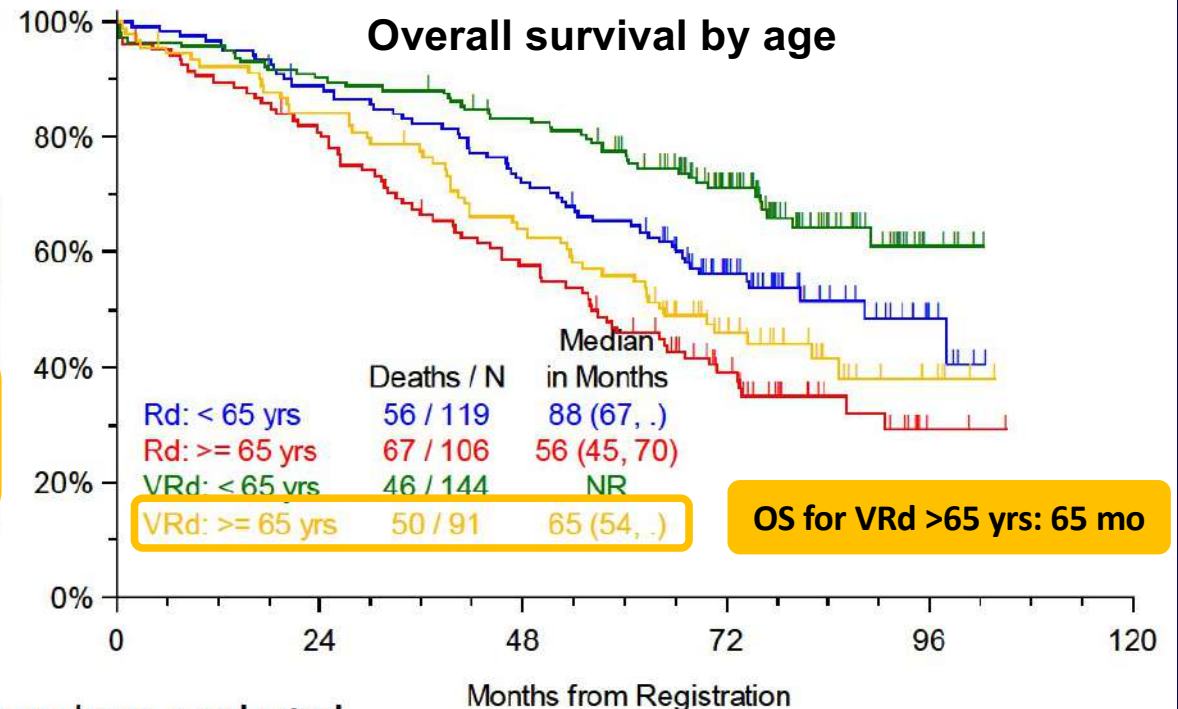
# VRd-Rd vs continuous Rd: SWOG S0777 trial

## Impact of age on outcomes

Age ≥65 years 43% overall, VRd 38%

Median PFS (months)

Age (years)	VRd	Rd
<65	48	34
≥65	34	24
>75	34	17



\*For all analyses, both SWOG and IRC assessments have been conducted using the fully updated datasets with current datalock in May 2018

**VRd improved outcome compared with Rd, irrespective of age**

Durie B et al. ASH 2018, abstract 1992, poster presentation; Durie B et al BCJ 2020

V, bortezomib; R, lenalidomide; d, dexamethasone; PFS, progression-free survival; OS, overall survival; p, p-value; yrs, years, mo, months.

# Multiple Myeloma: EHA-ESMO Clinical Practice Guidelines for Diagnosis, Treatment and Follow-up

Meletios A. Dimopoulos<sup>1</sup>, Philippe Moreau<sup>2</sup>, Evangelos Terpos<sup>1</sup>, María-Victoria Mateos<sup>3</sup>, Sonja Zweegman<sup>4</sup>, Gordon Cook<sup>5</sup>, Michel Delforge<sup>6</sup>, Roman Hájek<sup>7</sup>, Fredrik Schjesvold<sup>8,9</sup>, Michele Cavo<sup>10</sup>, Hartmut Goldschmidt<sup>11</sup>, Thierry Facon<sup>12</sup>, Hermann Einsele<sup>13</sup>, Mario Boccadoro<sup>14</sup>, Jesús San-Miguel<sup>15</sup>, Pieter Sonneveld<sup>16</sup>, Ulrich Mey<sup>17</sup>, on behalf of the EHA Guidelines Committee and the ESMO Guidelines Committee

## Patient-frailty index and frailty index-defined risk factor assessment via IMWG-FI and Revised Myeloma Comorbidity Index

Patient risk factors
Age >75 years
Mild, moderately, or severely frail (patients who need help with either household tasks, personal care, or are completely dependent)
Comorbidities (pulmonary, renal, cardiac and hepatic dysfunction) And/or Preferably with (a) IMWG-frailty index <sup>1</sup> and/or (b) R-MCI <sup>2</sup> define fit, intermediate-fit, and frail patients, in order to consider adapting antimyeloma therapy; fit level 0, intermediate fit level 1 and frail level 2.



# Treatment adjustment based on patient frailty/fitness

## EHA-ESMO Guidelines

Frailty index risk factors				
IMWG frailty index <sup>1</sup>	0	1	1 + occurrence of grade 3-4 haematological AE	≥2
R-MCI <sup>2</sup>	1-3	4-6	7-9	
Dose level	0	1	-2	-2
<b>Treatment doses</b>	<b>Level 0</b>	<b>Level 1</b>	<b>Level 2</b>	
Prednisone	2 mg/kg days 1-4 of a 4-6-week cycle 60 mg/m <sup>2</sup> days 1-4 of a 6-week cycle	1 mg/kg days 1-4 of a 4-6-week cycle 30 mg/m <sup>2</sup> days 1-4 of a 6-week cycle	0.3-0.5 mg/kg days 1-4 of a 4-6-week cycle 10-15 mg/m <sup>2</sup> days 1-4 of a 6-week cycle	
Dexamethasone	40 mg day 1, 8, 15, 22 of a 28-day cycle	20 mg day 1, 8, 15, 22 of a 28-day cycle	10 mg day 1, 8, 15, 22 of a 28-day cycle	
Melphalan	0.25 mg/kg days 1-4 of a 4-6 week cycle 9 mg/m <sup>2</sup> days 1-4 of a 6-week cycle	0.18 mg/kg days 1-4 of a 4-6 week cycle 7.5 mg/m <sup>2</sup> days 1-4 of a 6-week cycle	0.13 mg/kg days 1-4 of a 4-6-week cycle 5 mg/m <sup>2</sup> days 1-4 of a 6-week cycle	
Thalidomide	100 (-200) mg/day	50 (-100) mg/day	50 mg qod (-50 mg/day)	
Lenalidomide	25 mg days 1-21 of a 28-day cycle	15 mg days 1-21 of a 28-day cycle	10 mg days 1-21 of a 28-day cycle	
Pomalidomide	4 mg days 1-21 of a 28-day cycle	3 mg days 1-21 of a 28-day cycle	2 mg days 1-21 of a 28-day cycle	
Bortezomib	1.3 mg/m <sup>2</sup> twice weekly	1.3 mg/m <sup>2</sup> once weekly	1.0 mg/m <sup>2</sup> once weekly	

	Day 1, 4, 8, 11 every 3 weeks	Day 1, 8, 15, 22 every 5 weeks	Day 1, 8, 15, 22 every 5 weeks
Carfilzomib <sup>a</sup>	20 mg/m <sup>2</sup> day 1, 2, 8, 9, 15, 16 cycle 1, 27 mg/m <sup>2</sup> cycle 2 every 3 weeks	20 mg/m <sup>2</sup> cycle 1 → 27 mg/m <sup>2</sup> cycle 2, day 1, 8, 15, every 3 weeks	20 mg/m <sup>2</sup> day 1, 8, 15, every 4 (5) weeks
Ixazomib	4 mg day 1, 8, 15, every 4 weeks	3 mg day 1, 8, 15, every 4 weeks	2.3 mg day 1, 8, 15, every 4 weeks
Daratumumab <sup>a</sup>	16 mg/kg bw, cycle 1-8: weekly; cycle 9-24: day 1+15, from week 25: every 4 weeks	16 mg/kg bw, cycle 1-8: weekly; cycle 9-24: day 1+15, from week 25: every 4 weeks	16 mg/kg bw, cycle 1-8: weekly; cycle 9-24: day 1+15, from week 25: every 4 weeks
Elotuzumab <sup>b</sup>	10 mg/kg bw, day 1, 8, 15, 22, cycle 1+2, from cycle 3: day 1+15	10 mg/kg bw, day 1, 8, 15, 22, cycle 1+2, from cycle 3: day 1+15	10 mg/kg bw, day 1, 8, 15, 22 cycle 1+2, from cycle 3: day 1+15
Panobinostat	20 mg day 1, 3, 5, 8, 10, 12 every 4 weeks	15 mg day 1, 3, 5, 8, 10, 12 every 4 weeks	10 mg day 1, 3, 5, 8, 10, 12 every 5 weeks

**Expert-opinion dose modification guidelines are available to adapt treatment**



# Dose-adapted treatment Modified VRd (VRd-lite)

## Induction (cycles 1-9)

Repeat q35 days × 9 cycles

Lenalidomide 15 mg po days 1-21  
 Bortezomib 1.3 mg/m<sup>2</sup> sc\* days 1, 8, 15, 22  
 Dexamethasone 20 mg po days 1, 2, 8, 9, 15, 16, 22, 23 (patients ≤75 years)  
 Dexamethasone 20 mg po days 1, 8, 15, 22 (patients >75 years old)



## Consolidation (cycles 10-15)

Repeat q28 days × 6 cycles

Lenalidomide 15 po days 1-21 (or last tolerated dose as of cycle 9)  
 Bortezomib 1.3 mg/m<sup>2</sup> sc days 1, 15 (or last tolerated dose as of cycle 9)

\* The first 10 patients received bortezomib intravenously for cycle 1 only followed by subcutaneous administration. Subsequent patients received bortezomib subcutaneously.

## Phase 2 Study

Median age 73 years

ORR 86%, ≥VGPR 66%, ≥CR 44%

Any grade PN 60%, Grade 3-4 PN 2%

Grade 3-4 AEs: Fatigue 16%, Rash 10%,  
Neutropenia 14%



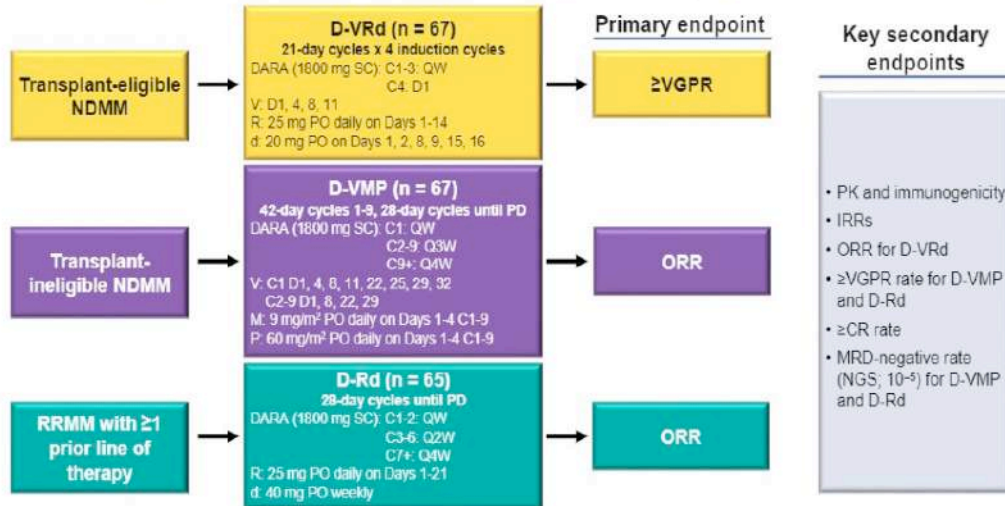
**VRd-lite is well-tolerated and highly effective in TNE patients with robust PFS and OS.**

O'Donnell et al, BJH 2018, 182(2):222-230;  
 O'Donnell et al, ASH 2019

# Convenient treatment: Daratumumab sc

## PLEIADES (MMY2040) Study Design

- Phase 2 study of DARA SC in combination with standard treatment regimens (N = 199)



C, cycle; QW, once weekly; D, day; PO, oral; PD, progressive disease; Q3W, once every 3 weeks; Q4W, once every 4 weeks; VGPR, very good partial response; ORR, overall response rate; PK, pharmacokinetics; IRR, infusion-related reaction; CR, complete response; MRD, minimal residual disease; NGS, next-generation sequencing

*Dara sc combination therapy  
 safety profiles were consistent  
 with Dara iv  
 with lower rate of IRRs*

	<b>D-VRd (n = 67)</b>	<b>D-VMP (n = 67)</b>	<b>D-Rd (n = 65)</b>
	<i>Transplant-eligible NDMM</i>	<i>Transplant-ineligible NDMM</i>	<i>RRMM with ≥1 prior line of therapy</i>
Any TEAE, n (%)	67 (100.0)	67 (100.0)	65 (100.0)
Serious TEAE, n (%)	19 (28.4)	26 (38.8)	31 (47.7)
Grade 3/4 TEAE, n (%)	38 (56.7)	46 (68.7)	54 (83.1)
TEAEs leading to treatment discontinuation, n (%)	1 (1.5)	2 (3.0)	5 (7.7)
Fatal TEAE, n (%)	1 (1.5)	2 (3.0)	2 (3.1)

# New standards including daratumumab in first line Safety

## ALCYONE study: D-VMP vs VMP

Adverse Events	D-VMP (n = 346)	VMP (n = 354)
Hematologic, n (%)		
Neutropenia	139 (40.2)	138 (39.0)
Thrombocytopenia	120 (34.7)	134 (37.9)
Anemia	60 (17.3)	70 (19.8)
Leukopenia	28 (8.1)	30 (8.5)
Lymphopenia	27 (7.8)	22 (6.2)
Nonhematologic, n (%)		
Pneumonia	45 (13.0)	15 (4.2)
Hypertension	19 (5.5)	6 (1.7)
Fatigue	12 (3.5)	9 (2.5)
Hyperglycemia	11 (3.2)	8 (2.3)
Diarrhea	9 (2.6)	11 (3.1)
Discontinuations due to AEs 6.9% vs 9.3%		

## MAIA study: D-Rd vs Rd

Adverse Events	D-Rd (n = 364)		Rd (n = 365)	
	Any grade <sup>b</sup>	Grade 3 or 4 <sup>c</sup>	Any grade <sup>b</sup>	Grade 3 or 4 <sup>c</sup>
Hematologic, n (%)				
Neutropenia	214 (59)	186 (51)	156 (43)	129 (35)
Anemia	134 (37)	49 (14)	143 (39)	75 (21)
Leukopenia	70 (19)	40 (11)	37 (10)	21 (6)
Lymphopenia	68 (19)	56 (15)	46 (13)	39 (11)
Nonhematologic, n (%)				
Diarrhea	221 (61)	25 (7)	174 (48)	19 (5)
Constipation	151 (42)	6 (2)	133 (36)	1 (<1)
Fatigue	152 (42)	31 (9)	105 (29)	15 (4)
Peripheral edema	142 (39)	7 (2)	109 (30)	2 (<1)
Back pain	134 (37)	11 (3)	99 (27)	13 (4)
Asthenia	121 (33)	18 (5)	95 (26)	15 (4)
Bronchitis	119 (33)	11 (3)	82 (23)	5 (1)
Nausea	121 (33)	5 (1)	85 (23)	2 (<1)
Insomnia	113 (31)	10 (3)	112 (31)	12 (3)
Pneumonia	88 (24)	53 (15)	51 (14)	33 (9)
Hypokalemia	80 (22)	37 (10)	65 (18)	35 (10)
Discontinuations due to AEs 9% vs 18%				

**The most common grade 3-4 AEs were neutropenia and pneumonia**

# Ixazomib-Daratumumab-low dose dexamethasone

## Phase II HOVON 143 trial

### Induction

9 cycles of 4 weeks

Ixazomib 4 mg day 1, 8, 15

Daratumumab 16 mg/kg

cycle 1-2 day 1, 8, 15, 22

cycle 3-6 day 1, 15

cycle 7-9 day 1

Dexamethasone

cycle 1-2 20 mg day 1, 8, 15, 22

cycle 3-6 10 mg day 1, 15

cycle 7-9 10 mg day 1

### Maintenance

8-week cycles (until progression for  
a maximum of 2 years)

Ixazomib 4 mg day 1, 8, 15, 29,  
36, 43

Daratumumab 16 mg/kg day 1

Dexamethasone 10 mg day 1

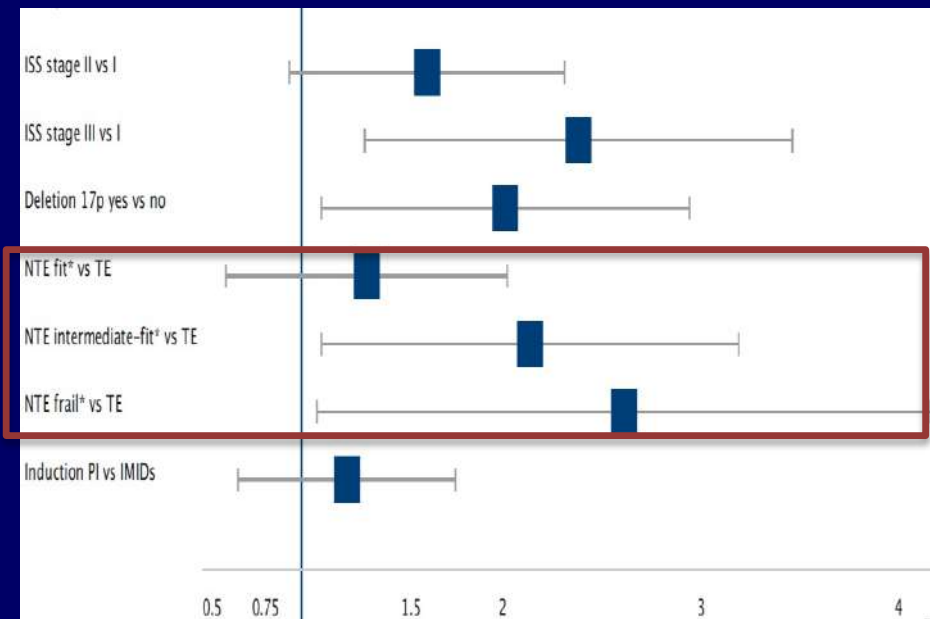
Median Age 76 years for unfit, 82 years for frail

	Unfit	Frail
ORR	74%	78%
PFS	23 months	12 months
Discontinuation	2%	7%
Early death	2%	9%
Grade 3-4 infections	9%	13%

**Effective and feasible treatment, however better identification and support of frail patients needed**

# Managing toxicity in frail patients: infections

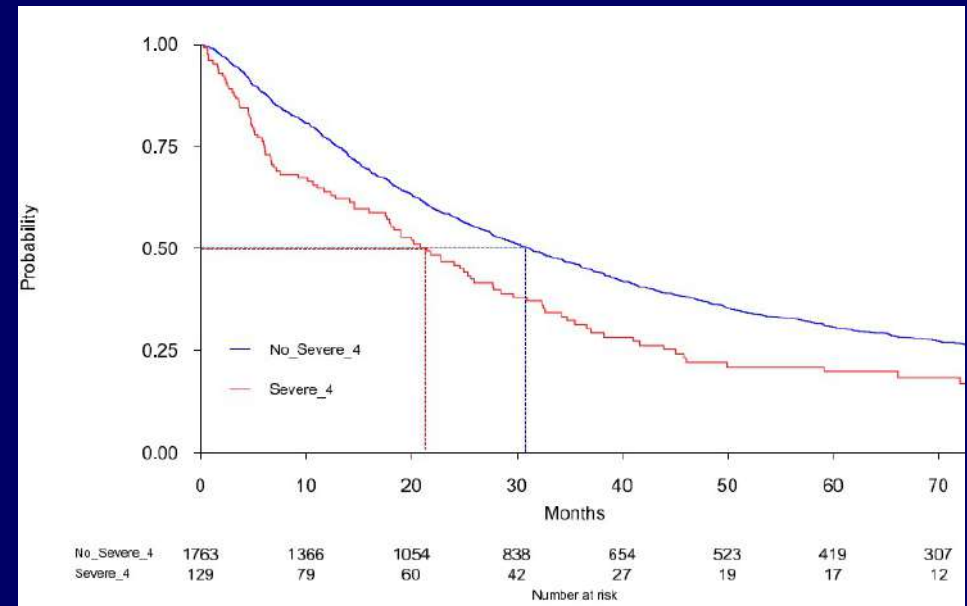
The risk of early severe infections is higher in intermediate fit/frail patients and negatively affects outcome



NO INFECTION

INFECTION

PFS



HR\* 1.28, 95% CI 1.05-1.58, p 0.02

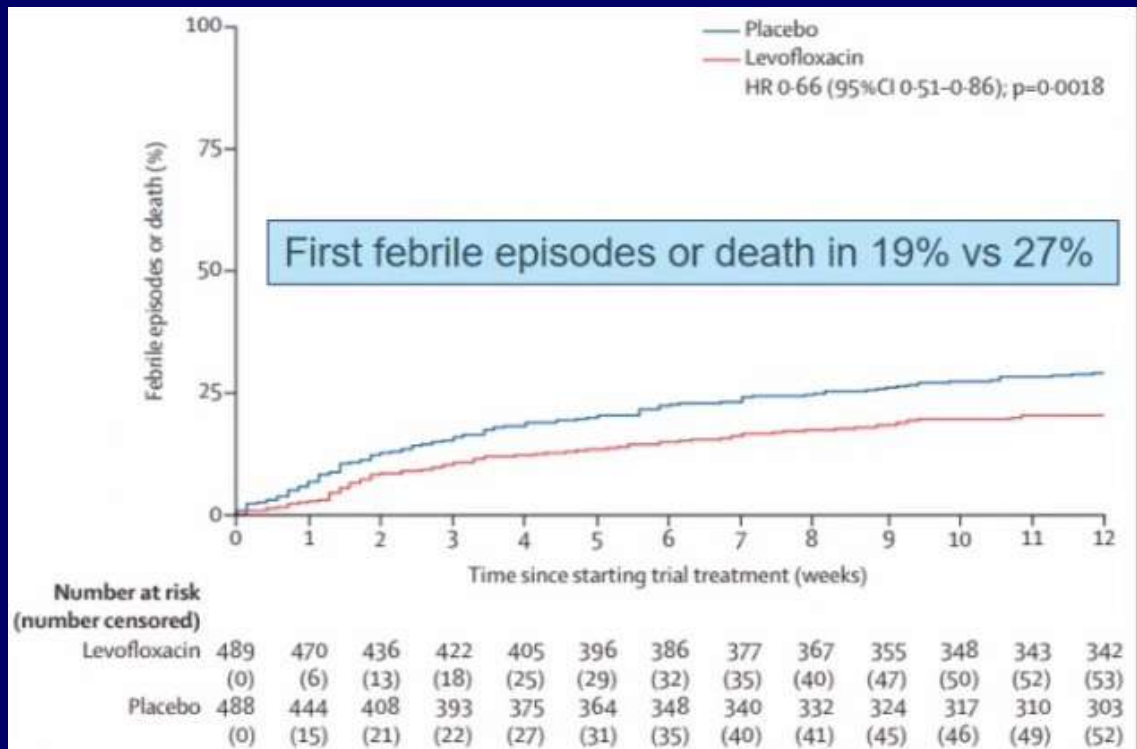


# Preventing toxicity

## Antibiotic prophylaxis in newly diagnosed MM

### TEAMM phase 3 trial

N= 977 NDMM. Oral levofloxacin 500 mg vs placebo for 12 weeks. Start within 2 weeks.



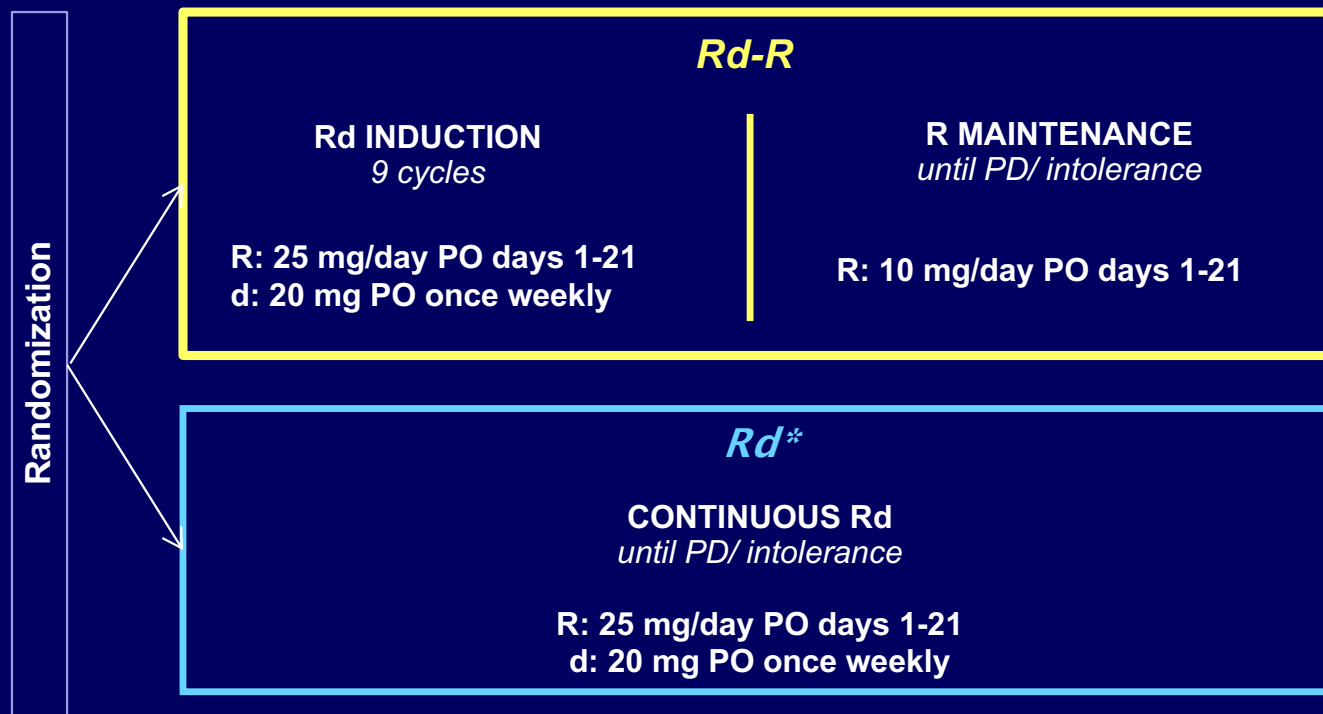
	Events/patients		12-week events		HR (95% CI)
	Levofloxacin group	Placebo group	Observed - expected	Variance	
<b>Estimated glomerular filtration rate (ml/min)</b>					
>50	67/369 (18%)	109/369 (30%)	-24.0	43.9	0.58 (0.43-0.78)
≤50	28/120 (23%)	25/119 (21%)	0.5	13.2	1.04 (0.60-1.77)
Stratified	95/489 (19%)	134/488 (27%)	-23.5	57.2	0.66 (0.51-0.86)
Interaction between two groups p=0.06					
<b>High-dose CT with planned stem-cell transplantation</b>					
Yes	61/266 (23%)	74/266 (28%)	-7.6	33.7	0.80 (0.57-1.12)
No	34/223 (15%)	60/222 (27%)	-15.7	23.4	0.51 (0.34-0.77)
Stratified	95/489 (19%)	134/488 (27%)	-23.3	57.1	0.66 (0.51-0.86)
Interaction between two groups p=0.10					
<b>ECOG performance status</b>					
≤65	41/208 (20%)	53/201 (26%)	-7.4	23.5	0.73 (0.49-1.09)
>65	54/281 (19%)	81/287 (28%)	-16.1	33.7	0.62 (0.44-0.87)
Stratified	95/489 (19%)	134/488 (27%)	-23.5	57.2	0.66 (0.51-0.86)
Interaction between two groups p=0.05					
<b>ECOG performance status</b>					
ECOG 0-1	70/373 (19%)	88/361 (24%)	-11.7	39.5	0.74 (0.54-1.01)
ECOG 2-4	24/106 (23%)	44/117 (38%)	-11.1	17.0	0.52 (0.37-0.84)
Stratified	94/479 (20%)	132/478 (28%)	-22.8	56.4	0.67 (0.51-0.87)
Interaction between two groups p=0.0001					
<b>International Staging System</b>					
Stage I	21/100 (21%)	32/116 (28%)	-4.3	13.2	0.72 (0.42-1.24)
Stage II	36/188 (19%)	46/165 (28%)	-9.0	20.3	0.64 (0.42-0.99)
Stage III	25/121 (21%)	37/130 (28%)	-5.8	15.5	0.69 (0.42-1.13)
Stratified	82/409 (20%)	115/411 (28%)	-19.1	49.0	0.68 (0.51-0.90)
Heterogeneity between three groups p=0.95					
Test for trend over three groups p=0.91					
<b>Co-trimoxazole</b>					
No	71/316 (22%)	99/316 (31%)	-16.6	42.4	0.68 (0.50-0.91)
Yes	22/159 (14%)	32/155 (21%)	-6.3	13.5	0.63 (0.37-0.97)
Stratified	93/475 (20%)	131/471 (28%)	-22.9	55.9	0.66 (0.51-0.86)
Interaction between two groups p=0.80					
Unstratified	95/489 (19%)	134/488 (27%)	-23.5	57.2	0.66 (0.51-0.86)

**Prophylactic levofloxacin could be used for patients with newly diagnosed myeloma.**

# Dose/Schedule-Adjusted Rd-R vs continuous Rd in unfit patients

## *RV-MM-PI-0752 Phase III Randomized Study*

199 intermediate-fit (unfit) patients have been enrolled and could be evaluated



\*The dose and schedule of continuous Rd was the one adopted in patients >75 years in the FIRST trial (Hulin C et al. JCO 2016)

R, lenalidomide; d, dexamethasone; PO, orally; PD, progressive disease

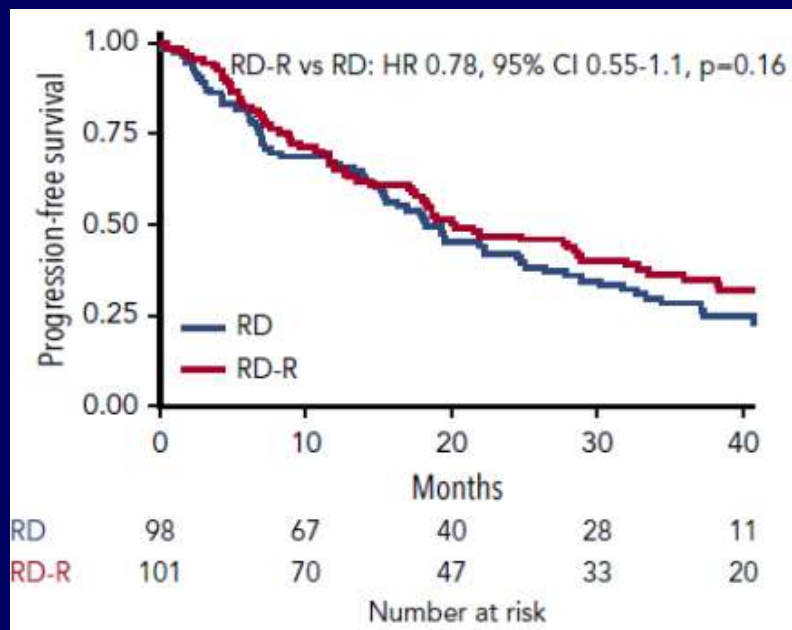
Larocca A, et al. ASH 2018, abstract 305

# Dose/Schedule-Adjusted Rd-R vs Rd in unfit patients

Median follow-up 37 months

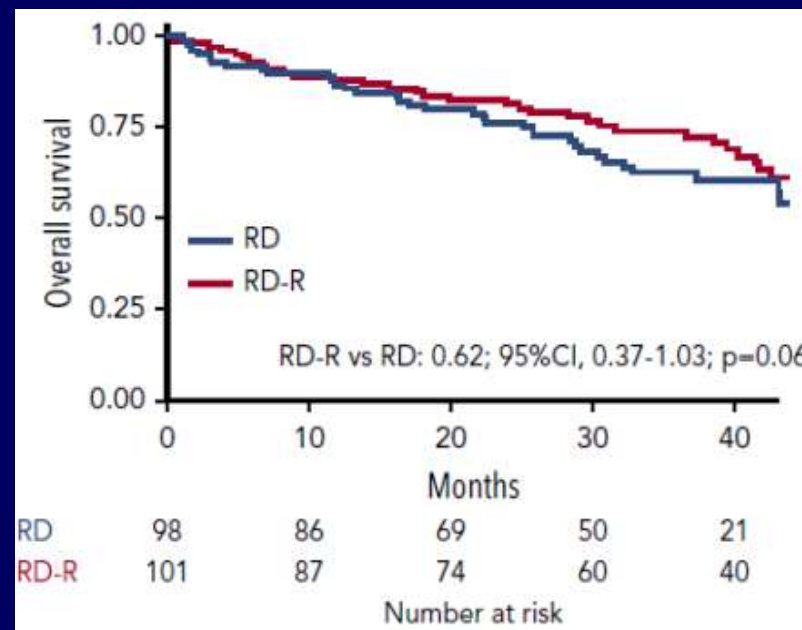
## Progression-free survival

Median PFS 20.2 with Rd-R vs 18.3 months with Rd (HR, 0.78; 95% CI, 0.55-1.1; P 0.16).



## Overall survival

Median OS not reached; 3-year OS rate 74% with Rd-R vs 63% with continuous Rd (HR, 0.62; 95% CI, 0.37-1.03; P 0.06).



**Reduced dose intensity Rd-R and sparing steroid do not affect outcome in unfit patients**

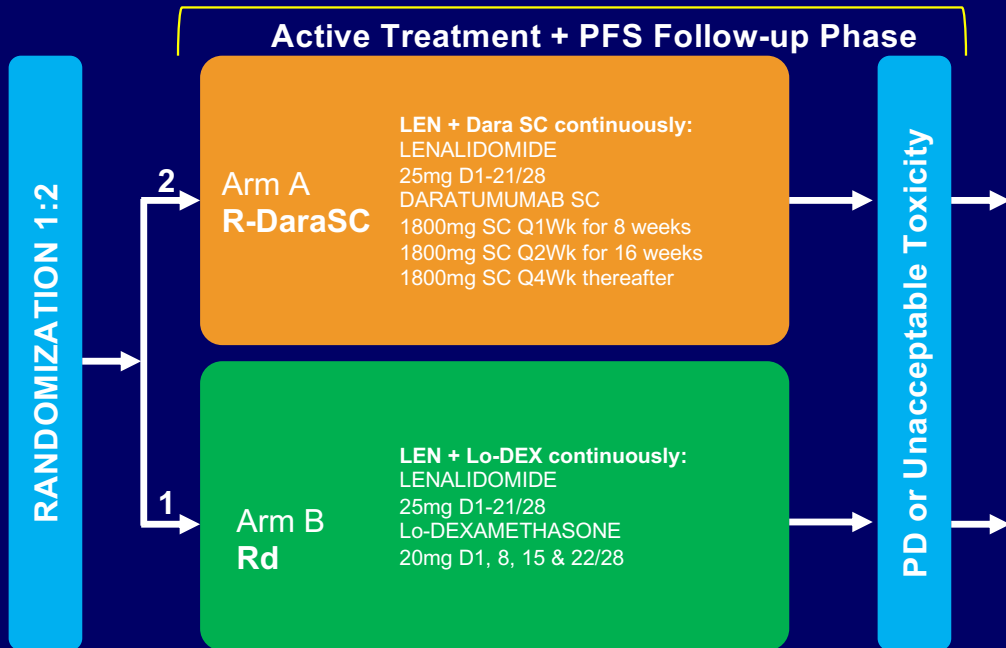
# Frailty-adjusted treatments

IFM 2017-03

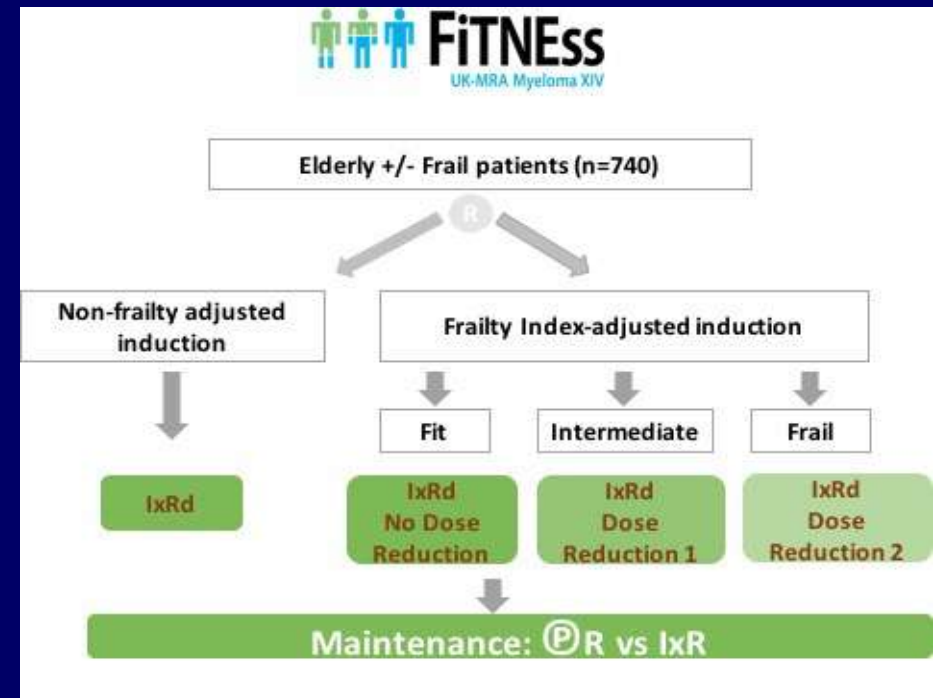
340 patients (frail)

Primary endpoint - PFS

LT Follow-up



UK-MRA FitNESS trial  
 Concept of frailty-adjusted dosing






Randomization will be stratified by International Staging System (I vs II vs III) and age (<80 vs ≥80)  
 In Arm A Low Dose Dex (20mg/week) during Cycle 1 and 2 then Methylprednisolone (with SC Dara)

www.clinicaltrials.gov identifier: **NCT03993912**

FitNESS trial - NCT03720041

# Conclusions

## Frailty tailored treatment

FRAILTY ASSESSMENT IMWG Frailty Score		
FIT PATIENTS (score 0)	INTERMEDIATE-FIT PATIENTS (score 1)	FRAIL PATIENTS (score $\geq 2$ )
		
age $\leq 75$ + ADL $> 4$ + IADL $> 5$ +CCI $\leq 1$	age 76-80 or ADL $\leq 4$ or IADL $\leq 5$ +CCI $> 1$	age $> 80$ ; age 76-80 + ADL $\leq 4$ or IADL $\leq 5$ or CCI $> 1$ ; age $\leq 75$ + at least 2 ADL $\leq 4$ or IADL $\leq 5$ or CCI $> 1$
APPROVED REGIMENS with possible dose-adjustments according to frailty		
<ul style="list-style-type: none"> <li>• Daratumumab-VMP</li> <li>• Daratumumab-Rd               <ul style="list-style-type: none"> <li>• VRd</li> <li>• ASCT:</li> </ul> </li> </ul> <p>Standard of care in <math>\leq 70</math> years old Consider in 71-75 years old* (*possibly with reduced conditioning)</p>	<ul style="list-style-type: none"> <li>• (Daratumumab)-VMP, consider weekly V               <ul style="list-style-type: none"> <li>• (Daratumumab)-Rd, consider dex discontinuation                   <ul style="list-style-type: none"> <li>• Vd</li> <li>• VRd-lite</li> </ul> </li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Dose-adjusted Rd <math>\pm</math> daratumumab               <ul style="list-style-type: none"> <li>• Dose-adjusted Vd</li> <li>• Palliative care</li> </ul> </li> </ul>
EXPERIMENTAL REGIMENS		
Daratumumab-VRd (NCT03652064) Isatuximab-VRd (NCT03319667) Belantamab-VRd (NCT04091126) KRd (NCT04096066) Ixazomib-RD (NCT018550524)	Daratumumab-Ixa-dex (NTR6297) Daratumumab-VRd lite (NCT04052880) KRd (NCT04096066) Ixazomib-RD (NCT018550524)	Daratumumab-Ixa-dex (NTR6297) Daratumumab-R (NCT03993912) Ixazomib-RD (NCT018550524)

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